

Brown Bag Series

Presented by

ASIAN  AMERICAN
FAMILY SERVICES

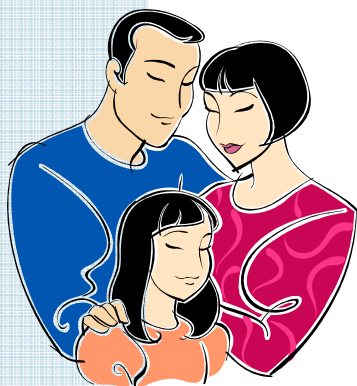
Enhancing the mental and social well-being of Asian Americans throughout greater Houston

**Wednesday,
September 27, 2006
12pm—1pm
AAFS Conference Room**

**SPACE IS LIMITED!!
RSVP by:
Friday, September 22, 2006
Feel free to bring a
brown bag lunch.**

**Contact person:
Dion Or, MSW
713.339.3688
dionor@aafstexas.org**

*One (1) hour CEU
available for LMFT,
LPC & LMSW
(Please inform us of your
request when you RSVP.)*



Mental Health and Ethnic Identity

Presenter:

Jack Chuang, Ph.D., is a
**Professor of Psychology at San
Jacinto College Central and also
Board member of Asian American
Family Services**

This presentation guides the audience through the ethnic identity stages of development and how empirical studies have shown ethnic identity confusion to be linked with poorer mental health outcomes compared to those with a solid ethnic identity. Examples will primarily focus on Asian American, but can be inclusive of all ethnic backgrounds.

Asian American Family Services

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in the MedVance building)

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